

MERACH MR-2354B2 Στεπέρ (Μαύρο)

MERACH · EAN 5905156105768

Machine translation from Polski. In case of doubt the manufacturer's original document prevails.

USER MANUAL

ABOUT US

Our customers are not just important to us – their health, physical condition, and joy of life are at the core of everything we do at MERACH. From innovative research in the field of fitness and the development of cutting-edge products to exceptional shopping service and after-sales support – we are a lifelong partner for our customers in creating a better future in fitness.

Thanks to high-quality fitness equipment that supports fat burning and muscle building, such as our high-quality rowers and exercise bikes, as well as our innovative MERACH app and digital courses, we provide everyone with the opportunity and support to achieve health and fitness goals and discover a new way of healthy living. Welcome to MERACH

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THANK YOU FOR YOUR PURCHASE! Discover

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Browse fitness courses

EU: merachfit.eu

DE: merachfit.de

FR: fr.merachfit.com

UK: uk.merachfit.com

(You can find the official website address appropriate for your region. If your region is not on the list below, please contact customer service.)

Enjoy

Join our weekly, specially prepared classes led exclusively by

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our in-house fitness instructor

Training

Unlock unlimited access to instructor-led classes and with MERACH you will never train alone

again. WARRANTY REGISTRATION

Register your warranty to ensure your protection! Send your product model to the email address



register@merach.com

If the product was purchased from an authorized distributor, please contact them directly to register the warranty. SAFETY INSTRUCTIONS

SAFETY INSTRUCTIONS

Keep this manual in a safe place for future use. • The owner of the stepper is responsible for informing all users about safety rules and ensuring that the instructions are strictly followed. • Use the stepper only indoors, on a flat surface, away from moisture and dust. It is recommended to place a mat under the device to protect the floor or carpet. For safety reasons, maintain at least 0.5 m of free space around the device. • Before using the product, ensure that all screws and nuts are tightly fastened. • Check all components daily to ensure that screws are properly tightened. • Children should not be near the device. Do not leave children unattended in the room where the stepper is located. • When using the device, wear appropriate sportswear. Do not wear overly loose clothing to avoid it being caught by the device. • If you feel unwell during exercise, stop training immediately. • The stepper is fitness equipment intended for home use indoors. Maximum load: 330 lb / 150 kg. • The device is intended for indoor and home use only, not for outdoor use. • It is prohibited for two or more people to use the device simultaneously. • If you do not feel well, use the device only after consulting a doctor. • Children, persons with disabilities, and pets should stay away from the device to avoid accidents. WARNING

Before starting any exercise program, consult a doctor. This is especially important for individuals over 35 years of age or with existing health problems. Before using the equipment, thoroughly read the instructions. SAFETY INSTRUCTIONS

This symbol means "Conformite Europeene," which means "Compliance with EU directives." By affixing the CE mark, the manufacturer confirms that the product complies with applicable European directives and regulations.

CE

This symbol means "UK Conformity Assessed," which means "Compliance with British standards." By affixing the UKCA mark, the manufacturer confirms that the product complies with applicable British standards. SIMPLIFIED EU DECLARATION OF CONFORMITY

• Hereby, Zhejiang Yulu Electronic Technology Co., Ltd. declares that the MERACH MR-2354 fitness equipment complies with Directive 2014/53/EU. • The full text of the EU declaration

of conformity is available at the following website:

<https://merachfit.com/pages/declarations-of-conformity>

DISPOSAL INFORMATION

Packaging materials are raw materials and can be recycled. For the sake of the environment, please properly sort packaging materials and dispose of them accordingly. Additional information can be obtained from local authorities. Used devices should not be disposed of with municipal waste! Used devices should be disposed of properly! This helps fulfill our environmental protection obligation. Information about collection points and opening hours can be obtained from local authorities. Batteries should not be disposed of with municipal waste! As an end user, you have a legal obligation to return used batteries to a collection point. Used batteries can be returned to public collection points in the area or to any place where batteries of this type are sold.

Manufacturer: Responsible entity:

Zhejiang Yulu Electronic Technology Co., Ltd. INNPRO Robert Błędowski Sp. z o.o. Room 805, 8th Floor, Xianfeng ul. Rudzka 65c

Technology Building, 298 Weiye Road, 44-200 Rybnik, Poland

Binjiang District, Hangzhou, www.innpro.pl

Zhejiang Province, China zgloszenia@innpro.pl

yulu_mrk@merach.com

62

SIMPLIFIED EU DECLARATION OF CONFORMITY

Yulu Electronic Technology Co., Ltd. hereby declares that the type of radio device Stepper twist is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following

website: <https://files.innpro.pl/merach>

Manufacturer's address: Zhejiang Yulu Electronic Technology Co., Ltd. Room 805, 8th Floor, Xianfeng Technology Building, 298 Weiye Road, Binjiang District, Hangzhou, Zhejiang Province, China

Radio frequency: 2402MHz-2480MHz

Maximum radio frequency power: <20dBm

Responsible entity:

INNPRO Robert Błędowski Sp. z o.o. Rudzka 65c

44-200 Rybnik

Poland

zgloszenia@innpro.pl

Environmental protection

Used electronic equipment marked in accordance with European Union directive must not be placed together with other municipal waste. It is subject to selective collection and recycling at designated points. By ensuring its proper disposal, you prevent potential negative consequences for the natural environment and human health. The system for collecting used equipment complies with locally applicable environmental protection regulations regarding waste disposal. Detailed information on this can be obtained from the municipal office, waste management facility, or the store where the product was purchased. The product meets the requirements of the so-called New Approach directives of the European Union (EU), concerning issues related to user safety, health protection, and environmental protection, specifying hazards that should be detected and eliminated. This document is a translation of the original user manual created by the manufacturer. Detailed information about the distributor/manufacturer warranty conditions is available on the website <https://serwis.innpro.pl/gwarancja>

The product should be regularly maintained (cleaned) by the user or through specialized service points at the user's cost and responsibility. In the absence of information about necessary periodic or service maintenance actions in the user manual, the user should regularly, at least once a week, assess the deviation of the physical condition of the product from that of a physically new product. If any deviation is detected or identified, urgent maintenance (cleaning) or service steps should be taken. Failure to perform proper maintenance (cleaning) and to respond upon detection of a deviation may lead to permanent damage to the product. The warranty provider is not responsible for damages resulting from neglect. Importer:

INNPRO Robert Błędowski Sp. z o.o. ul. Rudzka 65c

44-200 Rybnik, Poland

tel. +48 533 234 303

hurt@innpro.pl

www.innpro.pl