

CYCPLUS

Heart Rate Monitor Chest Strap

H2

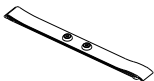


User Manual

Packing List



HRM Sensor

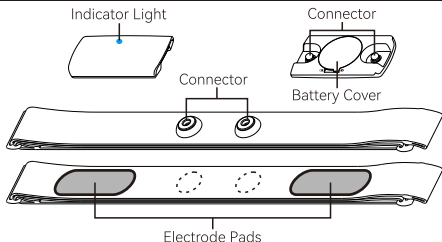


Chest Strap

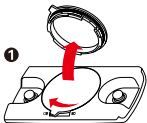


User Manual

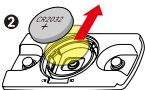
Product Details



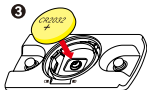
Initial Setup and Battery Replacement



Slide the battery cover to unlock, then open it.



Remove the battery insulation tab.



Insert the CR2032 battery into the battery compartment with the positive side facing up. Ensure that the indicator light flashes to confirm that the battery is installed correctly.



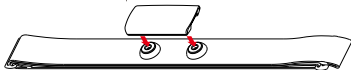
Close the battery cover and slide to lock it

Wear the HRM Chest Strap

- 1 To ensure that the heart rate chest strap can successfully detect heart rate data under any skin condition, it is recommended to wet the electrode pads with water before each use.



- 2 Install the HRM Sensor onto the chest strap.



- 3 Adjust the chest strap length, then tighten the strap around the chest so that it fits properly and snugly against the skin.



Activation and Connection

HRM Sensor incorporates a built-in accelerometer that triggers activation when detecting acceleration. Once awakened, it automatically transitions into the operational state, indicated by a blinking LED that displays the current battery level.

The HRM supports both ANT+ and Bluetooth dual protocols, allowing connection to bike computers, sports watches, and fitness apps to receive and display data.

Note: When using the ANT+ protocol, multiple devices can connect simultaneously. When using the Bluetooth protocol, only one device can connect at the same time.

Sleep Mode

The HRM chest strap will automatically enter a low-power sleep mode after removal.

The Indicator Light

- 1 The indicator light will turn on and flash for 10 seconds under the following situations.
 1. Each time the battery is correctly installed.
 2. When the heart rate belt is moved with acceleration.
- 2 During the firmware upgrade, the indicator light will stay solid red and turn off once the upgrade is complete.
- 3 The color of the indicator light indicates the battery level.
 - Green light: Battery level $\geq 5\%$
 - Red light: Battery level $< 5\%$



About APP

Please search for "CYCPLUS" in App store or Google Play to download and use the CYCPLUS APP for quick access to the latest firmware updates and additional settings. Firmware updates may include functional changes, so please refer to the update notes in the app for details.



Maintenance and Storage

1. Rinse the chest strap with clean water and hang or lay it flat to dry every time after you use it.
2. If washing the chest strap outdoors is not possible, wipe the sweat from the electrode pads, connector, and surface of the HRM Sensor after use. Separate the HRM Sensor from the chest strap and place them in a well-ventilated area. Clean and dry the chest strap as soon as you can.
3. It is recommended to remove the HRM Sensor from the chest strap to extend battery life for storage.

Notes

1. In cold and dry environments, the HRM may take a few minutes to provide accurate and stable data. To ensure the precision of your training data, it is recommended to start recording your workout after a thorough warm-up.
2. When wearing the chest strap, avoid overstretching to prevent damaging the electrode pads.
3. Sweat accumulation can affect data accuracy, so it is recommended to remove the HRM Sensor after each use, rinse the chest strap with water, and hang it to dry.
4. Avoid placing a damp heart rate chest strap in airtight containers, as this may cause oxidation of the connector, affecting measurement accuracy and shortening its lifespan.
5. Do not use chemical cleaners, as they may impact the accuracy of the heart rate chest strap and reduce its lifespan.
6. Store the heart rate chest strap flat or hung after use, avoiding bending or rolling it, and keep it out of direct sunlight for extended periods.
7. The heart rate chest strap is not a medical device; the data is for reference only. If you experience any discomfort, please seek medical attention promptly.

Specification

Size	(70-95)×3.0×0.9cm	Weight	55g(Including HRM Sensor 21g)
Length of the chest strap	70-95cm	Communication protocol	ANT+, BLE
Battery	CR 2032 220mAh	Using time	500 h
Working temperature	0-50°C	Waterproof	IPX7

Manufacturer Information

Company: Chengdu Chendian Intelligent Technology Co., Ltd.

Address: No.88, Tianchen Road, Chengdu, Sichuan Province, China

Warranty: Free repair or replacement within 2 years for non-user-induced damage.

Contact: steven@cycplus.com

To continuously improve product functionality and user experience, we may make adjustments to the design, features, or accessories of the product. The actual item you receive may differ from the description in this manual. Please refer to the physical product as the final reference. We reserve the right to modify products without prior notice. Thank you for your understanding and support!

CYCPLUS

产品合格证

Certificate of Conformity

型号 H2
Model Name _____

产品名称 电极式胸口心率计
Product Name _____ Heart Rate Monitor Chest Strap

执行标准 Q/CDZN 002-2023
Implementation Standard _____

检验员
Inspector _____

检01
检验合格

产品经检验合格，准予出厂。

The product has been tested and
proved to be qualified for delivery.

成都晨电智能科技有限公司

Chengdu Chendian Intelligent Technology Co., Ltd.



Made in China