

ANLAN

USER MANUAL

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Designed by ANLAN

Made in China

ANLAN

Hot Cool Guasha Beauty Device

USER MANUAL



※ This product is not a medical device used for diagnosis or treatment, but a general household skincare tool. Thank you for purchasing ANLAN product. For safe and correct using, please be sure to read this instructions before using. Keep this user manual in a safe place as it also serves as the warranty card.

ANLAN BRAND PROMISE

Exclusive Customer Service

Official email: service@anlan.com

12 hours online service on weekdays.



1 Year Warranty

30 days no reason to return and refund

1 year return and refund with product quality problems.



Quality Guarantee

Professional R&D team

9 test processes before shipment.



service@anlan.com

If you have the following questions, please feel free to contact us at any time

- ☑ How to clean and maintain the product
- ☑ How to use the product
- ☑ About returns, exchanges or repairs
- ☑ Damaged packaging
- ☑ Problems with product use and installation
- ☑ Dissatisfaction with products or services or suggestions for improvement
- ☑ New products

Thank you for choosing Anlan. We look forward to working with you to improve our quality and service.

Safety Precautions

Please read the document content carefully to make sure you understand all information.
Please be sure to comply with this precautions to prevent users and others from being injured or property loss.



Danger

Indicates that incorrect handling may result in death or serious injury to the user.



Warning

Indicates that incorrect operation may result in minor injury to the user or property damage.



Danger

Do not use the following medical electrical equipment with this device together:

- Implantable medical electronic devices such as pacemakers
- Medical electronic devices for life-threatening items such as heart-lung machines
- Wearable medical electronic devices such as electrocardiographs

Do not use this product if you are in such situation :

- Receiving treatment from a doctor.
- During pregnancy (can use at least 6 months after childbirth, please consult a doctor before use.)
- Menstrual period, lactation
- Minors, and people who cannot express their thoughts clearly.
- People with cancer, epilepsy or other functional disabilities
- People with blood diseases, infectious diseases, hypertension, malignant tumors, visceral diseases, acute diseases, tuberculosis, and fever.
- People with allergies, sensitive, fragile skin, atopic dermatitis, and skin problems.
- People with skin diseases or heat allergies
- People who have developed lesions due to physical stimulation, etc.

Prohibit

- Do not use this product near equipment that emits short waves or microwaves.
- People who are undergoing dental treatment or fillings may experience tooth discomfort due to EMS irritation.
Please lower the level and adjust the area you want to use.

※The above situations may cause accidents or malfunctions.



Note

Do not use it in the following cases:

- If you are extremely fatigued or in poor physical condition.
- While taking steroid hormones, immunosuppression, or drugs that cause drowsiness.
- Areas where the skin has acne, cuts, bulging moles, viral warts, or areas where the skin is suppurated and inflamed.
- Areas where the skin is irritated and abnormal due to excessive sunburn.
- Area where hair is being removed or removed on the day of use.
- If you have undergone facial surgery (plastic surgery, cosmetic surgery, etc.).

※The above may cause accidents or trouble.



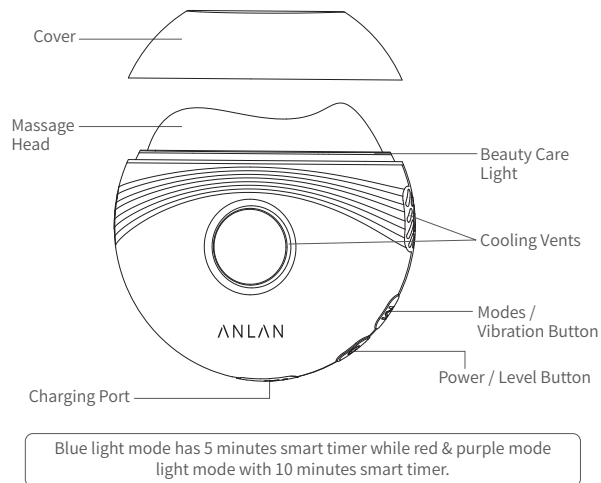
Warning

※ If you are unsure, please consult your doctor beforehand to ensure that the beauty device can be used, and if you have any questions, please contact service. For detailed usage precautions, the contents listed in the instruction manual take precedence.

Specifications

Product Name	ANLAN Hot Cool Guasha Beauty Device
Model Number	DYM-054
Size	About 95*89*34mm
Weight	About 132g
Material	ABS, PC, Zinc Alloy, Silicone
Mode Timer	10 Mins (Mode 1& 3) 5Mins(Mode 2)
Wavelength	Red 610-630nm Blue 450-470nm Purple 370-390nm
Vibration	10500RPM $\pm$ 10%
Temperature	Hot 38-42-45°C Appr. Cool 15-14-13°C Appr.
Charging Type	Type-C Port
Battery	800mAh
Working Time	About 45Mins(Max)
Charging Time	About 3hours
Input	Appr. 2Hours
Warranty	1 Year

Product Introduction



Pack List



Main Device x 1



Instruction Manual x 1



Type-C Cable x 1

About Modes & Operation

1.About Modes

Modes	Function	Recommended	Frequency Of Use	Timer
Mode 1	Red Light + Hot Compress	Toner, Lotion, Gel,Serum	5-10 Minutes Once Or Twice/ Day	10 Minutes
Mode 2	Blue Light + Cool Compress	Toner, Lotion, Gel,Serum	≤5Minutes Once Or Twice/ Day	5 Minutes
Mode 3	Purple Light +EMS Micro-current	Toner, Lotion, Gel,Serum	5-10 Minutes Once Or Twice/ Day	10 Minutes

2.Button Operation

Power Button 

Long press for 2 seconds to turn on/ off device

Level Button 

After power on, short press for 1 second to adjust levels of Heat / Cool / EMS (level 1→level 2→level 3)

Mode Button 

After power on, short press for 1 second to change modes (red→blue→purple)

Vibration Button 

After power on, long press 2 seconds to turn on/off vibration function.

How To Use



Note:

- Be sure to clean the skin in the massage area before use
- Using micro-current mode requires keeping the skin moisturized to a certain degree
- If your skin becomes dry during use, please replenish and apply moisturizing products appropriately in order for the EMS micro-current to work better.
- You can follow the recommended usage steps, or you can combine modes at will or use a mode alone, depending on your preference.

For Face Care

1. Follow your daily routine and thoroughly clean your face



2. Apply skin care products such as toner, essence, lotion on face.



3. Use Mode 1 to lift face upward to promote absorption.



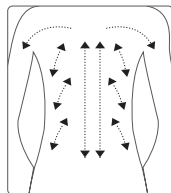
- After the essence is absorbed, use Mode 2 to lock in nutrients.
- Use Mode 3 to massage upwards to improve edema, tighten skin and reduce wrinkles

For Body Care

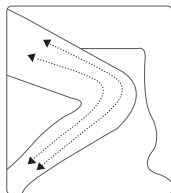
- Take a shower or wash body skin before use
- Apply body lotion, gel or essential oil on back, arm or leg.



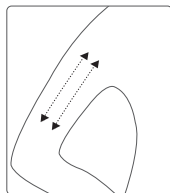
- Choose the modes you like to massage skin



Back



Leg



Arm

About Charging

- Please fully charge the machine before using it for the first time.
 - If you have not used this product for a long time, please fully charge it before use
 - In order to protect the built-in battery, it needs to be charged once a month even if it is not used for a long time.
 - When the battery is low, connect the machine to the charging cable and charger, and plug it into a household power socket;
 - During charging, the red light of the switch key flashes. After being fully charged, the on/off key will no longer flash and remain on.
 - Too low or too high temperature will shorten the battery life, please charge at room temperature of 15°C to 30°C
 - The main device may heat up slightly while charging, but this is not a malfunction.
- ※ This product cannot be used while charging
- ※ Before charging, please make sure the charging port is clean and dry.
- ※ Please be sure to use the correct voltage adapter mentioned in this manual for charging.

About Cleaning And Storage

- Please turn off the machine in time after use. If any lotion, essence, or gel remains on the machine, please clean it in time.
- Be sure to turn off the power when cleaning to avoid electric shock, short circuit or fire.
- This product is not waterproof, please do not wash it with water to avoid machine damage and functional failure.
- Wipe away dirt with a soft cloth dampened in water and wrung out. If the dirt does not come off, wipe it gently with a cloth dampened with dilute neutral detergent.
- Do not use alkaline detergents, alcohol, thinner, gasoline, nail polish remover, etc.
- The use of oily substances, bleach, etc. is prohibited.
- Do not disassemble, repair or modify it by yourself.
- The warranty excludes injuries, malfunctions, damages caused by incorrect use, disassemble, modification, repair, etc., and we are not responsible for them once the above precautions and warnings are not followed.

Product Disposal



This product contains a lithium-ion battery. Lithium batteries are a valuable resource that can be recycled. When disposing of this product, remove the lithium-ion battery and send it to the recycling bin for disposal.